



1/30 *You're blessed when you're at the end of your rope. With less of you there is more of God and His rule. Matthew 5:3*

Ask God to help you see that you don't have to do it all.

1/31 *You're blessed when you feel you've lost what is most dear to you. Only then can you be embraced by the One most dear to you. Matthew 5:4*

Thank God that He will be there with you when the hardest things happen.

2/1 *You're blessed when you're content with just who you are – no more, no less. That's the moment you find yourselves proud owners of everything that can't be bought. Matthew 5:5*

Ask God to help you accept the amazing person He created in you.

2/2 *You're blessed when you've worked up a good appetite for God. He's food and drink in the best meal you'll ever eat. Matthew 5:6*

Pray that your desire will be for spiritual food that fills you with love.

2/3 *You're blessed when you care. At the moment of being "care-full," you find yourself cared for. Matthew 5:7*

Ask God to make you the caring person He created you to be.

2/4 *You're blessed when you get your inside world – your mind and heart – put right. Then you can see God in the outside world.*

Matthew 5:8

Ask God to put your mind and heart right, then enjoy the view!

2/5 *You're blessed when you can show people how to cooperate instead of compete or fight. That's when you discover who you really are and your place in God's family.*

Matthew 5:9

Thank God for giving you a place in His family.