



4/3 So then, there remains a Sabbath rest for the people of God, for whoever has entered God's rest has also rested from his works as God did from His. Hebrews 4:9-10

Thank God for Sabbath rest.

4/4 In peace I will both lie down and sleep; for You alone, O Lord, make me dwell in safety. Psalm 4:8

Pray for the faith to trust God.

4/5 For thus said the Lord God, the Holy One of Israel, "In returning and rest you shall be saved; in quietness and in trust shall be your strength." Isaiah 30:15a

Pray for quietness and trust.

4/6 Return, O my soul, to your rest; for the Lord has dealt bountifully with you.

Psalm 116:7

Thank God for His bounty.

4/7 Thus says the Lord: "Stand by the roads, and look, and ask for the ancient paths, where the good way is; and walk in it and find rest for your souls.

Jeremiah 6:16a

Ask God to show you the right path.

4/8 Come to Me, all who labor and are heavy laden, and I will give you rest. Take My yoke upon you, and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. For My yoke is easy, and My burden is light.

Matthew 11:28-30

Pray that you will cast off your burdens and take up the yoke of Christ.

4/9 So God blessed the seventh day and made it holy, because on it God rested from all His work that He had done in creation. Genesis 2:3

On this precious day, pray that many will both celebrate and rest.