



**1/15** *For the sake of Christ, then, I am content with weaknesses, insults, hardships, persecutions, and calamities. For when I am weak, then I am strong.*  
2 Corinthians 12:10

**Thank God for His strength in our weakness.**

**1/16** *For all have sinned and fall short of the glory of God...* Romans 3:23  
**Confess your weakness to God.**

**1/17** *He gives power to the faint, and to him who has no might He increases strength.* Isaiah 40:29

**Let God increase your strength.**

**1/18** *Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.*  
Isaiah 41:10

**Tell God if there are any fears lurking in your mind and heart.**

**1/19** *My flesh and my heart may fail, but God is the strength of my heart and my portion forever.* Psalm 73:26

**Thank God for being all you need.**

**1/20** *Seek the Lord and His strength; seek His presence continually!*

1 Chronicles 16:11

**Pray that you will pay attention to God's presence throughout the day.**

**1/21** *Rescue the weak and the needy; deliver them from the hand of the wicked.*  
Psalm 82:4

**Just as God has rescued you, rescue others with God's help.**